



CERTIFICATE

OF PARTICIPATION

This is to certify that

Renda Tshifularo

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 05:11:05

PACE 07:24/km

GENDER 306 of

563

OVERALL 423 of 834

SENIOR (20- 172 of

39) 291

08 July 2023, Sat

